

B.A. in Psychology Advisement Worksheet

(for students beginning at Hofstra in Fall 2010 or later)

Student's Name: _____ Anticipated Graduation Date: _____

Faculty Advisor's Name & Email: _____

Center for University Advisement Dean: _____

Current Assistant Chair for Advisement: **Dr. Sarah Novak** (sarah.novak@hofstra.edu)

→ Make appointments with Dr. Novak by going to <http://HofstraPsychAdvising.ClickBook.Net>

→ Check our advisement blog for announcements & information: <http://hofstrapsychadvising.wordpress.com>

Psychology Major Requirement Overview

GETTING STARTED

- **Introduction to Psychology (PSY 1 – 3 or 4 credits):** This is the first course most psych majors take. Some will earn credit through AP courses or transfer credits. There are no pre-requisites.

THE RESEARCH SEQUENCE

- **Statistics (PSY 40 – 4 credits):** Psychology has its own type of math, and it's a good idea to take this course relatively early so that it doesn't hold you back from completing other requirements. There are two pre-reqs to complete first – PSY 1 and one of these Math courses (Math 40, 45, 50, 61, 61A, Or 71). You must complete this course to be able to register for Research Methods.
- **Research Methods & Design (PSY 141 – 4 credits):** Building on what you'll learn in Statistics, this course will introduce you to the methods and tools psychologists use to conduct and interpret our research. The pre-req is PSY 40, and you'll need to complete this course to be able to register for a Research Seminar.
- **Research Seminars (PSY 190/194/196/197/198/199 – 4 credits):** Think of these courses as advanced research methods in a specific field of psychology. Building on what you've learned in Statistics, Research Methods, and your electives, this course is the final piece of your research methods training and a good preview of graduate school. The pre-reqs you must complete before this course include PSY 141 and the specific electives required for the particular Research Seminar (on reverse). As always, the tricky part is that some of the Research Seminars are only offered once per year, the classes are capped at 18 students, and the longer class times can be difficult to schedule. It's to your benefit to complete the pre-reqs for multiple seminars so that you have options. It is NOT possible to take 141 or another pre-req and a seminar at the same time, so please plan ahead to avoid delaying your graduation.

PSYCHOLOGY ELECTIVES

- **The Essentials (course options listed on reverse – 3 credits each):** You must complete 3 courses from The Essentials, which represent the fundamental areas of psychological science. You get to choose 1 from each of the 3 categories to ensure that you experience a broad range of coursework in psychology. Keep in mind that many of these courses are not offered every semester, and very few are offered in the summer. The only pre-req for these courses is PSY 1, but these classes tend to be more rigorous than Specialty/Applied Electives. It is a good idea to spread these courses across a few semesters and avoid trying to take them all at once. Be sure to select Essentials that are pre-reqs for the Research Seminars you'd like to take.
- **Specialty/Applied Electives (course options listed on reverse – 3 credits each):** You also get to choose 3 Specialty/Applied Electives, which represent more narrowly focused or applied fields of psychology compared to the Essentials. Some of these courses fulfill BH requirements. You can substitute additional Essentials (beyond the 3 required) for Specialty/Applied Electives if you prefer. It is also possible to earn these credits by completing an Independent Study, Honors Thesis, or an Internship (arranged on a case-by-case basis).

	CREDITS	COURSE SELECTIONS	PRE-REQUISITES	
Intro	3	PSY 1 (Intro to Psych)	None	
The Research Sequence	4	PSY 40 (Statistics)	PSY 1 + Math 40 or 45 or 50 or 61 or 61A or 71	
	4	PSY 141 (Research Methods & Design)	PSY 40	
	4 (choose 1 section based on interest & pre-reqs)	PSY 19X (Research Methods Seminars)		PSY 141 for ALL sections +
		PSY 190: Cognitive Psych		PSY 164 or 166 or 170 or 177
		PSY 194: Behavioral Neuroscience		PSY 61 or 166 or 170 or 177
		PSY 196: Developmental Psych		PSY 53 or 150
		PSY 197: Industrial/Organizational		PSY 33 or 34
		PSY 198: Social Psych		PSY 159
PSY 199: Clinical Psych		PSY 39 or 57 or 139		
The Essentials	9 (at least 1 course from EACH category)	Biopsychological: PSY 166 Sensation & Perception PSY 170 Clinical Neuropsychology PSY 177 Behavioral Neuroscience	PSY 1	
		Learning/Cognitive/History: PSY 110 Principles of Learning & Behavior PSY 164 Cognition PSY 171 History of Psychology	PSY 1	
		Developmental/Social/Clinical: PSY 139 Psychopathology PSY 150 Contemporary Developmental Science PSY 159 Social Psychology	PSY 1	
Specialty / Applied Electives	At least 9 (can substitute additional "Essentials," an internship, or an independent study)	PSY 11 Behavior Modification PSY 12 Psych and the Law PSY 14F/S First-Year Seminars in Psych PSY 25 Psych of Prejudice (BH) PSY 27 Positive Psych (BH) PSY 33 Industrial Psych PSY 34 Organizational Psych PSY 35 Psych of Personality PSY 39 Abnormal Psych PSY 53 Child Development PSY 54 Adolescent Psych PSY 57 Clinical, Counseling, & Community Psych PSY 61 Comparative Psych (BH) <i>offered summer only</i> PSY 63 Adult Psych PSY 70 Evolutionary Psych PSY 85 Psych of Human Sexual Behavior PSY 89 Health Psych & Behavioral Medicine PSY 99 Internship in Psychology PSY 151 Independent Study, or Honors Thesis PSY 100	PSY 1 for all electives EXCEPT the BH courses	
Total Credits in Psychology		Minimum = 33 Credits Maximum = 45 Credits in PSY including major courses, distribution courses, and courses transferred in. Beyond that, the credits will not count and more than 124 credits will be needed to graduate. The only exception is that 3 additional credits can count if they are used to complete an Honors Thesis (this exception requires a petition). For transfer students, at least 15 credits toward the major must be taken at Hofstra		
Please Note:		PSY 7 Fundamentals of Psychology (BH) counts for distribution credit but DOES NOT COUNT toward the major to fulfill any psychology requirement Courses from The Essentials and the Specialty/Applied Electives CAN be taken concurrently with Statistics and Research Methods, but keep in mind that these courses are demanding. Please consult with a faculty advisor or Dr. Novak if you have questions.		